

CANBERRA
RAIDERS



The Canberra Raiders & BSc Body Science

As the Human performance Specialist of the Canberra Raiders, I recognize that implementing a high quality Nutritional Strategy, in conjunction with a correct training regime, is imperative, if you are serious about achieving good physical results with your team in the pre season.

The Canberra Raiders began a working relationship with Bsc, Body Science, at the Start of the 2003 off-season. With the expertise of BSc I have implemented a nutritional strategy, utilizing a wide range of their high quality products.

This off-season has proven to be my best yet, with my entire squad achieving massive personal physical improvements. We have recorded big gains in Strength, Strength Endurance, Lean Muscle Mass, as well as Body fat reductions. Personal Bests in the Gym have been achieved like they are going out of fashion.

Importantly the Player have found the products to be user friendly, in relationship to taste and ease of mixing, which is essential if you are to achieve prolonged use of the nutritional products. The Athlete must enjoy taking the products if the nutritional strategy is to be successful.

The Products have not only given the Canberra Raiders a real boost in the Pre season, but I am also very Confident that the consumption of these High quality products during the 2003 season, will dramatically improve recovery, and give us the physical edge we are looking for.

As the Human performance Specialist of the Canberra Raiders would recommend that anyone whom is serious about improving their performance, should use BSc products.

Carl Jennings

Human Performance Specialist
Canberra Raiders

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